

MEDICAL HISTORY

Today's Date: _____ Name: _____ Date of Birth: _____

MEDICAL HISTORY					
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Age when your period started?		What is your normal cycle length? (time between periods)	days		
How long is your period?	days	Flow rate	Light	Medium	Heavy
When was your last menstrual period?		Age Menopause Began?			
What do you use for Birth Control?		Are you on Hormone Replacement Therapy?			
Do you have breakthrough bleeding between cycles?					

Do you think of yourself as (circle): Heterosexual Homosexual Bisexual Other: _____

Allergies to medications, environment, or dyes:

Current Medications:

Did you receive Gardasil (HPV vaccination): Yes No

Please circle all that apply to YOUR health (previous or current conditions):

- | | | | | |
|-----------------|---------------|-----------------------|---------------------|----------------|
| Alcoholism | Arthritis | Asthma | Blood Clot/DVT/PE | Cancer |
| Chlamydia | Depression | DES Exposure | Diabetes | Drug Addiction |
| Eating Disorder | Genital Warts | Gonorrhea | Headaches/Migraines | Heart Disease |
| Hepatitis | Herpes | High Blood Pressure | High Cholesterol | HIV |
| Kidney Disease | Lupus | Mental Health Disease | Osteoporosis | Seizures |
| Syphilis | Stroke | Thyroid Disease | | |

If you circled YES to any of the above, please explain:

SURGICAL HISTORY

Surgery Name & Date

FAMILY HISTORY

Please note family member & maternal (M) or paternal (P)

Breast Cancer: _____	Colon Cancer: _____
Diabetes: _____	Genetic Disorders: _____
Heart Disease: _____	High Blood Pressure: _____
Kidney Disease: _____	Lung Cancer: _____
Osteoporosis: _____	Uterine Cancer: _____
Ovarian Cancer: _____	Thyroid Disease: _____
Stroke/DVT/Clotting/Bleeding Disorder: _____	
Other: _____	

SOCIAL HISTORY

Do you smoke: Yes No	If yes, amount: _____
Do you drink alcohol: Yes No	If yes, amount: _____
Any drug use: Yes No	If yes, type, & amount: _____

OB HISTORY

TOTAL # OF PREGNANCIES		TOTAL # OF MISCARRIAGES		TOTAL # OF ABORTIONS	
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	DATE	SEX	METHOD OF DELIVERY	EARLY LABOR?	COMPLICATIONS	LOCATION OF DELIVERY
1						
2						
3						
4						
5						

HEALTH MAINTENANCE

TEST/PROCEDURE	DATE	TEST/PROCEDURE	DATE
LAST DEXA		LAST MAMMOGRAM	
LAST COLONOSCOPY		LAST PAP SMEAR	