



Welcome and thank you for choosing Women Living Well!

Before coming to your appointment, the following steps will make your visit more seamless:

- Complete the enclosed registration and medical history forms.
- If you have not already done so, request a copy of your previous medical records. The records can be mailed or faxed (302-239-2001) to our office prior to your appointment. For your convenience, we have included a medical release form.
- Please bring your insurance card.
- Please bring a Photo ID.
- Copays are expected at the time of your visit.

Please arrive 15 minutes prior to your scheduled appointment. This will allow adequate time to complete any additional forms, make a copy of your insurance card, and answer any questions you may have. Please feel free to contact the office with any further questions or concerns.

Thank you for choosing Women Living Well for all your OB/GYN needs. We look forward to working together.

Sincerely,

Kirsten Smith, MD

Jessica Apel, DO