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WOMEN LIVING WELL
OBSTETRICS & GYNECOLOGY

Dr. Kirsten Smith, MD
Dr. Jessica Apel, DO

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“Women Living Well has been created as an organization that recognizes and appreciates the many facets involved in a woman’s life and what it takes to truly live well. Wellness and health involves not only our emotional and physical health, it involves the complexities of our home and work lives and the peculiarities of our family and friend relationships.”



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